

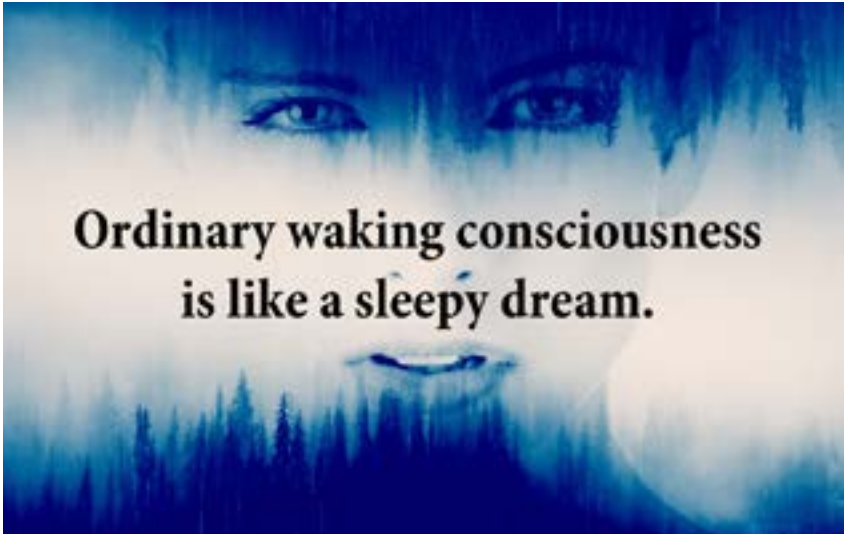
# Introducing

## Our Co-Creative Power

The best way to make your dreams  
come true is to wake up.

*Kabir*

Imagine you are asleep and in your dream you are encountering numerous problems. Experiencing one hassle after another, you feel inundated with frustrating matters. In an almost nightmarish manner, you suffer a huge crisis. Feeling exhausted, your stress level soars. Then all of sudden you wake up and realize you were dreaming. Now awake, all those troubles are gone.



Well, ordinary waking consciousness is like a sleepy dream. Even though we are part of a greater Whole, our ego's beliefs and emotional patterns have cut deep grooves in our psyche. These grooves lead us around in a daze of limiting conditional

trances. The truth is the Divine governs every aspect of life and creation. Although we have different personalities, we are all connected at our core to this One Unified Force of light. Science calls it the Quantum Field. Many name it the Universe, and others refer to it as Source or, more traditionally, God. We live in a continuous co-creative collaboration with it and it lives in us as a force of intention.

Wayne Dyer wrote, “Intention is greater than a determined will doing something.” Intention is our soul’s blueprint, which is co-creating with this invisible Field of energy that we have within us. Jean Houston said, “We all have the extraordinary coded within us, just waiting to be released.” As we align with this Field, we can access our natural light and the Infinite Intelligence.



Our desires already exist in the spiritual realm. By reuniting with Source, and bringing intention into our mind and body, we activate its enormous power and influence. As we realize our

God-given gifts, and bring them into our mind and body, we acknowledge we have a gold mine within. Knowing thought is creative allows our mind to be an instrument of power. In fact, it is our magic wand. We become modern day magicians, capable of performing intentional magic.

We have boundless possibilities. We can realize this potential when we acknowledge and awaken to the fact that the spirit of God lives in us through our imagination. Neville said, “Imagination is the secret of causation. It is our gift, our priceless creative power.”



Our unique genius can be made manifest, for we can create in extraordinary and unparalleled ways when we use our imagination as the point of our magic and power. If we follow the rules of creation, we can actuate our deepest dreams and collective visions, for we have the power and the way, and the infinite support of a creative companionship.

Realizing that we have creative power is both liberating and empowering. The future is alive. We influence the future; we

don't plan it. It is not so much what we do, but how we think and feel, that fashions our reality. Because all that happens to us comes from our own assumptions, to make a future desire a present fact, we are to focus our attention on that desire.



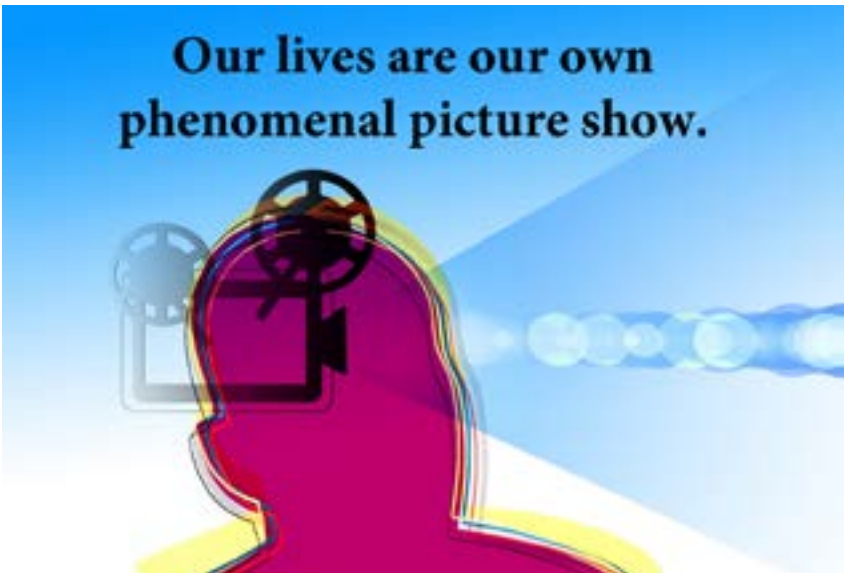
In this book, *Awaken Magnetic Creation*, we learn to “Cross the Threshold,” which, to me, is the art of manifesting.



We are encouraged to first recognize this power to create and then pick up our palette and design our life's play.



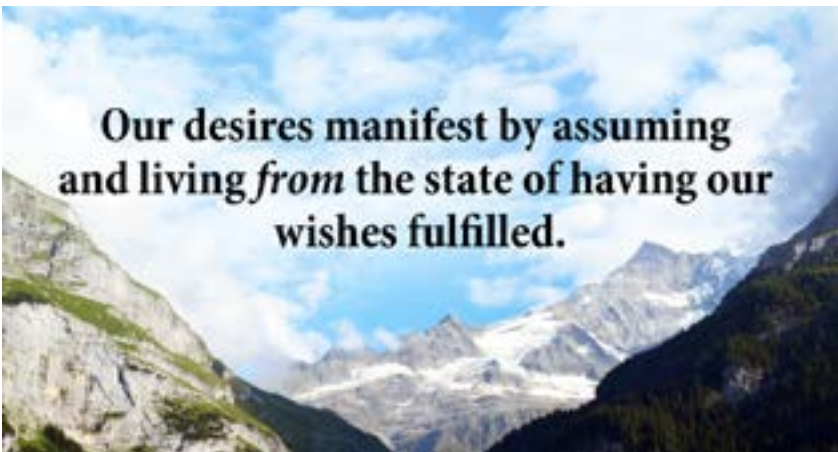
Our lives are our own phenomenal picture show. We write the script, play the roles, direct the scenes, provide the soundtrack, and make the movie, and we do it either consciously or unconsciously.





**We make our life's movie  
either consciously or unconsciously.**

Jean Houston says that the portal to manifesting is to recognize, “As viewed, so appears.” Whatever we see and believe is what we bring into form. If we can take hold of each moment and focus *on* what we want to *become*, and not what we want to *overcome*, we will intentionally align with our dreams.



**Our desires manifest by assuming  
and living *from* the state of having our  
wishes fulfilled.**

Our desires manifest by assuming and living *from* the state of having our wishes fulfilled. When we are in a state of looking toward and longing, we are regretfully affirming that we do not have our heart's desires.



We can have what we desire; we just have to be it first. The steps to getting there are being there. "Being there" is an imaginative play of sensually feeling as if.



Neville tells us to create more consciously with four roles. As the producer of our life movie, we define the theme of our desires and purpose. As the author, we write the script, a last scene of our wish already fulfilled. As the director, we initiate and instruct the imaginative play. As the actor, we act out the perceived scene physically, audibly, and sensually through our own eyes in a relaxed manner. In this way we can intentionally become what we perceive and change our future.



**I access my enormous power to influence my destiny. I am interconnected with everything in the Universe and see how my outer situations reflect my thoughts and feelings.**



# 1.

## Presenting the Model, and Toolkit

This is the most important time in history. We are being called to claim our right role, our higher destiny, and our deeper goals. We have the capacity to harvest the fruits of our human genius. We have been using a small portion of our magnificent gifts and forget all too often that we were born to accomplish miracles!

*Jean Houston*

We are living in a time that is calling for new models. It is a time of exhilarating change, what Jean Houston calls, “Jump time.” She says, “The challenge of our times calls us to reach up and connect to our Larger Story, so we can tap into our potential and transform our world.” When we go beyond our personal wants to a deeper desire and intention and collective service, we tap into the Larger Story.

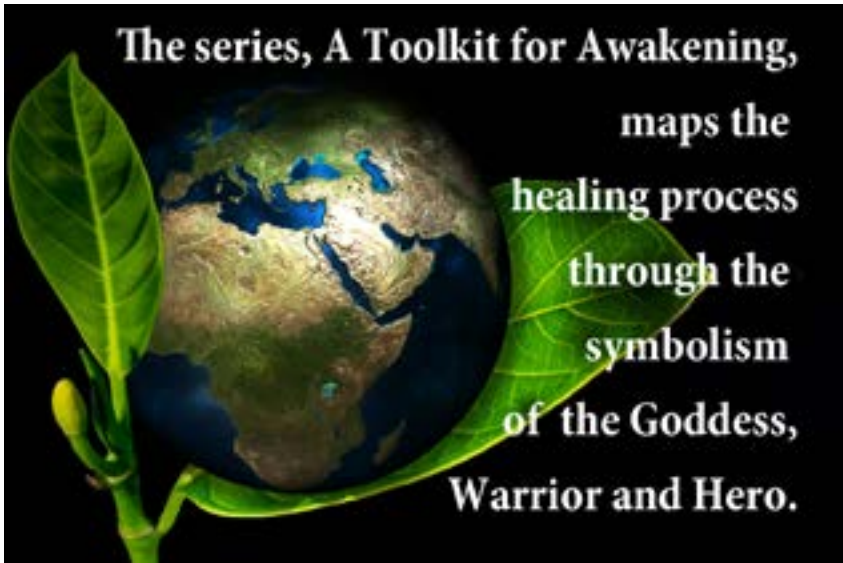
Manifesting is another subject I am teaching to learn. For over four decades I’ve been on a quest studying consciousness, human behavior, and self-improvement, seeking ways to awaken, create, and transform. My long and winding odyssey has led me through archetypal and mythic symbols and psychological, metaphysical, and spiritual systems. Astrology and the axiom, “As above, so below” guided me initially. The planets reflect our motivational urges to identify our inner nature and our archetypal dance and which gods call us. My desire

to serve pulled me beyond being an astrological and intuitive counselor to becoming a scribe. I am blessed as my writing has become my mentor and I have grown into a midwife to a cosmic treasure that unfolded during my journey. Writing about it has transformed my life! The process evolved into a series of books, which I call **A Toolkit for Awakening**. What immersed was a step-by-step journey of evolution using the interchangeable archetypes of the Goddess, the Warrior, and the Hero. As ancient medicine for our human dilemma, these pre-existing cosmic forms offer a remedy for our times.



This book and this series give a road map through the symbolism of these archetypal giants. Encoded within the powers of the Goddess, the Warrior, and the Hero's Journey is a path to awaken us from our conditioned sleepiness.

The Goddess tells us to *love* and *allow*, *open our hearts*, *appreciate*, and *accept what Is*. As we learn to put *joy* first and *trust* the universal flow, we discover our ability to *attract* our desires.



A Warrior's mandate is to be *vigilantly attentive* to the *present*, for the only time is now and the only place is here. The Warrior *dares* us to be a *responsible, willing, dynamic, courageous, and deliberate* creator.

After synthesizing hundreds and hundreds of different cultural myths, Joseph Campbell deduced a formula of heroism and the one great myth underlying all mythology. The three main categories of the Hero's Journey—the Departure/Separation, the Initiations, and the Return—and the various steps on the path are our cosmic curriculum.

We are all heroes of our own life. If we say yes to the spiritual life, we will find support, despite the dangers and unknowns we face. We are to break our misidentifications, convert the ego, heal our emotional past, and intentionally create. The six initiating directives tell us: to be proactive and focus on what we want; to love and allow; to beware of struggle and control; to be responsible for our time, attention, and intention; to make life

sacred; and to be the change we want to manifest. The journey not only transforms us, but also gives us great rewards. We are to express ourselves and give back what we have learned to our community and our world.

In this book, *Awaken Magnetic Creation*, we learn to utilize our inner treasures and integrate them with the manifesting principles and the archetypes of the Goddess Warrior on the Hero's Journey.

We first are to ensure that our vibrations are constructive. Before we can truly operate positively, we may have to break down all our unconscious resistances and habitual entrapments, which is why evolving the ego and healing emotionally are important steps in the process. We are encouraged to do our inner work and transform our conditioned stories, so we are better able to *allow whatever Is* and embody the Goddess.



Once we are magnetic, we are to call upon the Warrior and empower and infuse our deliberate intentions with passion, images, and expectancy. Intention is a force of nature, not an act of will. As we fully see ourselves as the person we wish to be

and having the things we would like to acquire, we embody the consciousness of our desires. We can die to our old self and be reborn.

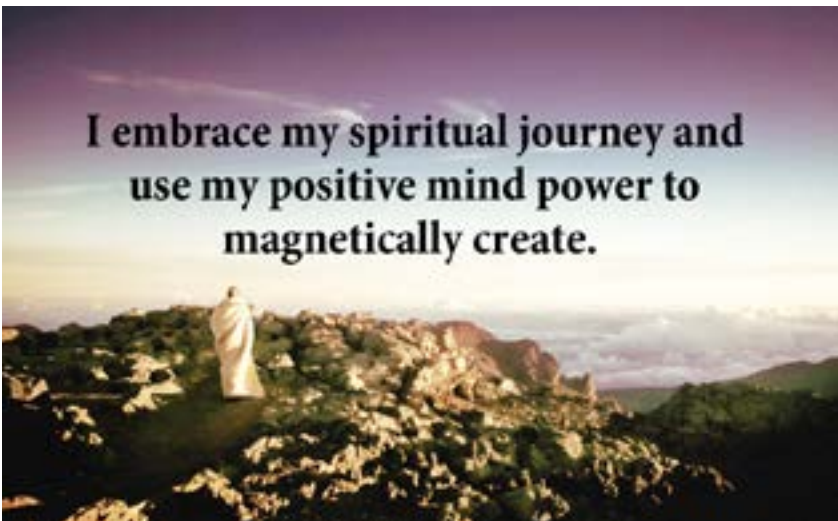


There is a cosmic clock ticking, which heralds change and a new paradigm on Earth. We are challenged to face our shadow and utilize our power to expand our consciousness. If we are determined and carefully observe our limiting thinking, we can magnetically create our dreams. Neville said, “If I become what I want to be then I am saved from what I was.”

My exceptionally long writing process has tested my confidence. In my discovery of how to embody the archetypes, I have had to trust in my abilities to manifest—not just write about the principles from my mind. Wouldn't it be great if we learned about our creative abilities as infants? Then they would be second nature! For me, the mind gets the concepts first, but then the teachings have to filter to my inner knowing. I meditated, listened to hypnosis tapes, investigated through therapy,

and explored ways to reinvent myself. I deepened my inner connection, kept researching, and perfected the words. I envisioned the completion and acceptance of *A Toolkit for Awakening* series. I pictured midwives and various helpers assisting in getting the books born and out there. I talked to myself in the mirror declaring my purposes. I flashed symbols and pictures throughout the day into my consciousness. I learned that being in the process is the goal. I identified with the Light and embodied the principles.

Let's give ourselves permission to expand our lives through this three-fold model of the Goddess Warrior magnetically creating on the Hero's Journey. Come along and join with like-minded others, share in this mission, and help spread the word. As we utilize our creative capabilities, we can reinvent ourselves, live a greater story, become the master of our destiny, and agents of change sweeping the Earth.



I embrace my spiritual journey and use my positive mind power to magnetically create a better world.