

# Introduction

## Presenting the Model and Toolkit

This is the most important time in history.  
We are being called to claim our right role, our higher  
destiny, and our deeper goals. We have the capacity  
to harvest the fruits of our human genius.  
We have been using a small portion of our  
magnificent gifts and forget all too often  
that we were born to accomplish miracles!

*Jean Houston*

We are living in a time that is calling for new models. It is a time of exhilarating change, what Jean Houston calls, “Jump time.” She says, “The challenge of our times calls us to reach up and connect to our Larger Story, so we can tap into our potential and transform our world.” When you go beyond your personal wants to a deeper desire and intention and collective service, you tap into the Larger Story.

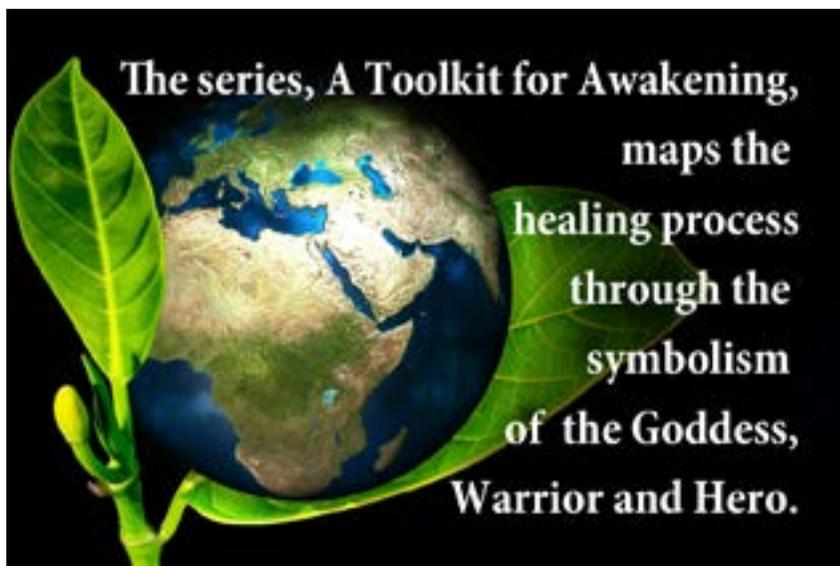
Manifesting is subject I am teaching to learn. For over four decades I’ve been on a quest studying consciousness, human behavior, and self-improvement, seeking ways to awaken, create, and transform. My long and winding odyssey has led me through archetypal and mythic symbols and psychological, metaphysical, and spiritual systems. Astrology and the axiom, “As above, so below” guided me initially. The planets reflect our motivational urges to identify our inner nature and our archetypal dance and which gods call us. My desire to serve pulled

me beyond being an astrological and intuitive counselor to becoming a scribe. I am blessed as my writing has become my mentor and I have grown into a midwife to a cosmic treasure that unfolded during my journey. Writing about it has transformed my life! The process evolved into a series of books, which I call **A Toolkit for Awakening**. What emerged was a step-by-step journey of evolution using the interchangeable archetypes of the Goddess, the Warrior, and the Hero. As ancient medicine for our human dilemma, these pre-existing cosmic forms offer a remedy for our times.



This book and this series give a road map through the symbolism of these archetypal giants. Encoded within the powers of the Goddess, the Warrior, and the Hero's Journey is a path to awaken us from our conditioned sleepiness.

The Goddess tells you to *love* and *allow*, *open our hearts*, *appreciate*, and *accept what Is*. As you learn to put *joy* first and *trust* the universal flow, you discover your ability to *attract* your desires.



A Warrior's mandate is to be *vigilantly attentive* to the *present*, for the only time is now and the only place is here. The Warrior *dares* you to be a *responsible, willing, dynamic, courageous, and deliberate* creator.

After synthesizing hundreds and hundreds of different cultural myths, Joseph Campbell deduced a formula of heroism and the one great myth underlying all mythology. The three main categories of the Hero's Journey—the Departure/Separation, the Initiations, and the Return—and the various steps on the path are our cosmic curriculum.

We are all heroes of our own life. If you say yes to the spiritual life, you will find support, despite the dangers and unknowns we face. You are to break your misidentifications, convert the ego, heal your emotional past, and intentionally create. The six initiating directives tell you: to be proactive and focus on what you want; to love and allow; to beware of struggle and control; to be responsible for your time, attention, and inten-

tion; to make life sacred; and to be the change you want to manifest. The journey not only transforms you, but also gives you great rewards. You are to express yourself and give back what you have learned to your community and the world.

In this book, *Awaken Magnetic Creation*, you learn to utilize your inner treasures and integrate them with the manifesting principles and the archetypes of the Goddess Warrior on the Hero's Journey.

You first are to ensure that your vibrations are constructive. Before you can truly operate positively, you may have to break down all your unconscious resistances and habitual entrapments, which is why evolving the ego and healing emotionally are important steps in the process. You are encouraged to do your inner work and transform your conditioned stories, so you are better able to *allow whatever Is* and embody the Goddess.



Once you are magnetic, you are to call upon the Warrior and empower and infuse your deliberate intentions with passion, images, and expectancy. Intention is a force of nature, not

an act of will. As you fully see yourself as the person you wish to be and having the things you would like to acquire, you embody the consciousness of your desires. You can die to your old self and be reborn.

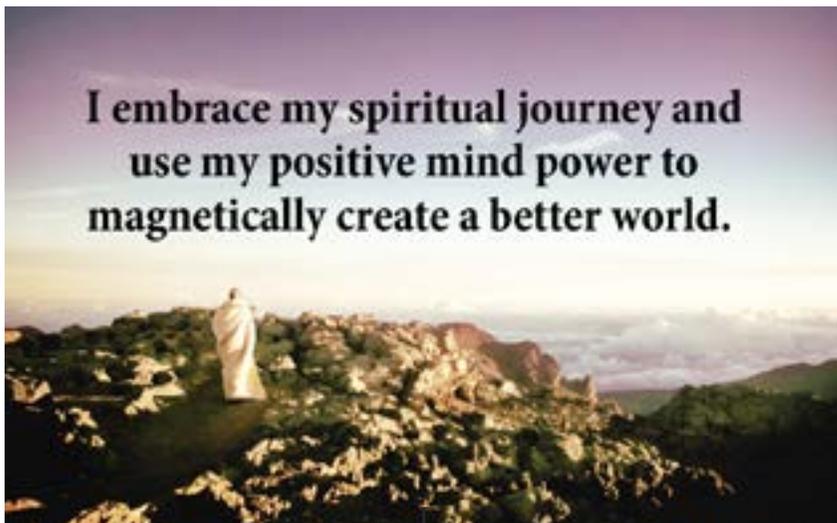


There is a cosmic clock ticking, which heralds change and a new paradigm on Earth. You are challenged to face your shadow and utilize your power to expand your consciousness. If you are determined and carefully observe your limiting thinking, you can magnetically create your dreams. Neville said, “If I become what I want to be then I am saved from what I was.”

My exceptionally long writing process has tested my confidence. In my discovery of how to embody the archetypes, I have had to trust in my abilities to manifest—not just write about the principles from my mind. Wouldn't it be great if we learned about our creative abilities as infants? Then they would be second nature! For me, the mind gets the concepts first, but then the teachings have to filter to my inner knowing. I meditated, listened to hypnosis tapes, investigated through therapy,

and explored ways to reinvent myself. I deepened my inner connection, kept researching, and perfected the words. I envisioned the completion and acceptance of **A Toolkit for Awakening** series. I pictured midwives and various helpers assisting in getting the books born and out there. I talked to myself in the mirror declaring my purposes. I flashed symbols and pictures throughout the day into my consciousness. I learned that being in the process is the goal. I identified with the Light and embodied the principles.

Give yourself permission to expand your lives through this three-fold model of the Goddess Warrior magnetically creating on the Hero's Journey. Come along and join with like-minded others, share in this mission, and help spread the word. As you utilize your creative capabilities, you can reinvent yourself, live a greater story, become the master of your destiny, and an agent of change sweeping the Earth.



**I embrace my spiritual journey and use my positive mind.**

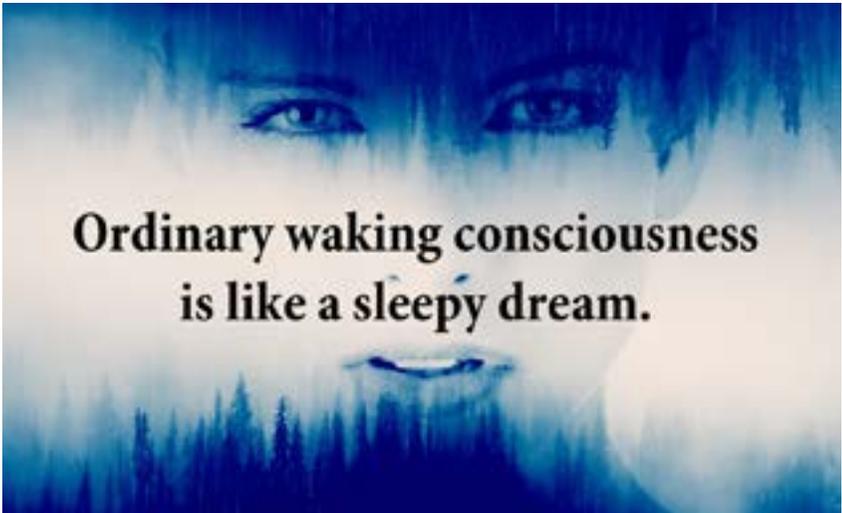
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## Seeing Your Co-Creative Power

The best way to make your dreams  
come true is to wake up.

*Kabir*

Imagine you are asleep and in your dream you are encountering numerous problems. Experiencing one hassle after another, you feel inundated with frustrating matters. In an almost nightmarish manner, you suffer a huge crisis. Feeling exhausted, your stress level soars. Then all of sudden you wake up and realize you were dreaming. Now awake, all those troubles are gone.



Well, ordinary waking consciousness is like a sleepy dream. Even though you are part of a greater Whole, your ego's beliefs and emotional patterns have cut deep grooves in your psyche. These grooves lead you around in a daze of limiting conditional