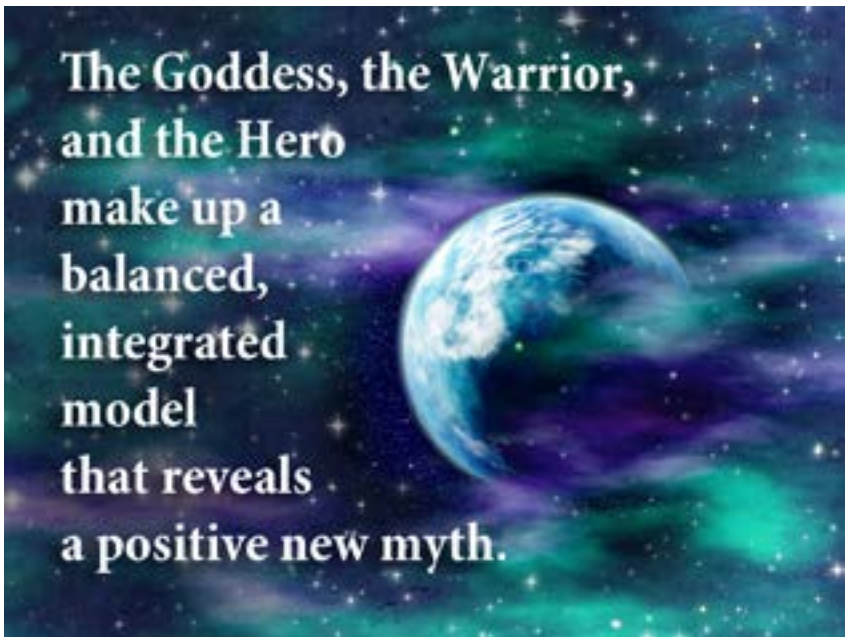


Introducing The Model, Toolkit, and Map

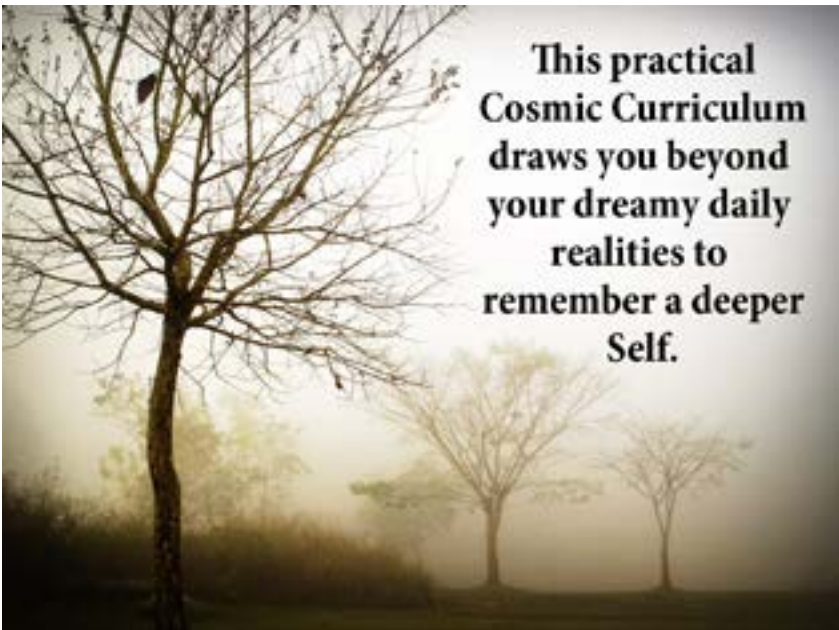
The agony of breaking through personal limitations
is the agony of spiritual growth.
Art, literature, myth, philosophy and ascetic disciplines
help us past our limiting horizons
into the sphere of expanding realization.

Joseph Campbell

A new myth is arising affirming that you as an individual can manifest changes in your life and in the world. Despite the fact that normal consciousness is like sleepwalking in a cloud of conditional trances, you have the keys and a map to wake up, manifest, and transform.



The Goddess, the Warrior, and the Hero make up a balanced, integrated model, which reveals a positive new myth to awaken.



This model gives a practical step-by-step cosmic curriculum that can draw you beyond the denseness of your dreamy daily realities to remember a deeper Self.



The ways and means of these interrelated symbols are medicine for your soul's dilemma and a prescription for our times.



After over four decades of researching, studying, and writing about metaphysical, mythic, and spiritual systems, I learned that archetypes are prime universal patterns that show us how life works. From blending the best of mythological prototypes, **the three-fold model of the *Goddess Warrior Magnetically Creating on the Hero's Journey*** emerged.



Joseph Campbell researched hundreds of cross-cultural myths in his classic book, *A Hero with a Thousand Faces* (1949) and compiled the Hero's Journey, which he called the "monomyth" or the one great underlying story. This insightful path is the foundation and outline of this work and has three parts, the Departure, the Initiations and the Return.

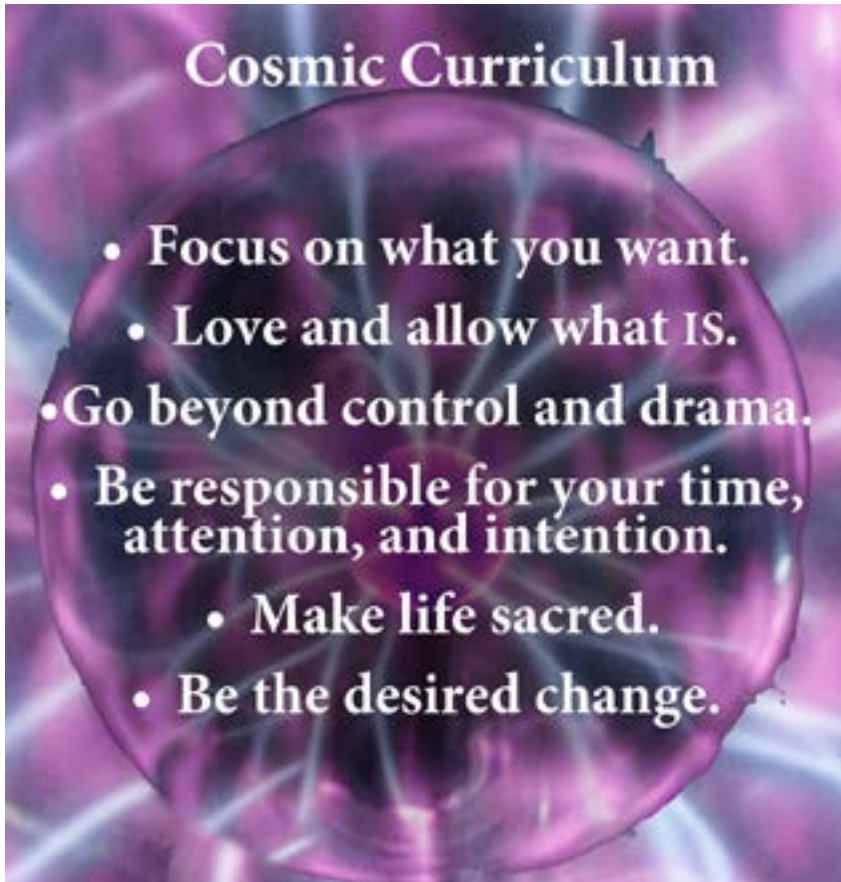
Personifying the empowering and positive archetypes of the Goddess, Warrior, and Hero can be simple, but not easy. Learning to emulate this model is to live with *love* and *presence*, and that takes separating from our conditioning. The Goddess symbolizes *allowing, acceptance, openness, and compassion*. The Warrior embodies *willingness, mindfulness, concentration, and accountability*.

The Hero's Journey shows you how to separate from your old ways. After you answer the Call, you are to confront the ego, open to supernatural aids, and heal emotionally.

You can Cross the Threshold to manifesting by using the law of *attraction* (Goddess) and setting *intentions* (Warrior), which is **Magnetic Creation**. Mind is creative. When you take hold of the moment, create positive vibrations, focus on an objective, and feel the "havingness," you can accept and allow your desires to come to you. You create at the vibration of what you already are.



The Hero's initiations teach you to be proactive; love and allow; go beyond control and drama; be responsible for your time, intention, and attention; make life sacred; and be the change you want to be. You are to give back what you have learned to encourage humanity. Along the way you'll master the spiritual and material worlds and the freedom to be.



My process of integrating the qualities of the Goddess Warrior with the Hero's Journey developed into the series, **A Toolkit for Awakening**. These practical, hands-on, visual books, which are discussed in the Conclusion. They are de-

signed to engage both sides of the brain and offer an extensive and transformative course.

This book, *Awaken from Ego*, deals with your “Refusals to Answer the Call,” which is the second step of Campbell’s Hero’s Journey. As you are called to the spiritual adventure, it is important to clear the multiple ways you reject it. When you examine your judgments, reactions, beliefs, defenses, instincts, and negativity, you see how your ego is locked in its fixations and complexes.

Spiritual teacher A. H. Almaas describes humanity as a Unity of Holy Ideas. Due to the glitches or misperceptions in our nurturing environment, your developing selves react in a series of false responses. Without a feeling of innate safety in the world, the ego experiences a loss of trust and disconnects from Source. It believes it has to manipulate to get its needs met, because implicit in the ego is a fundamental distrust.

The Enneagram maps the nine different reactions generated in order for each of us to survive and thrive. Investigating this sacred system allows you to name your fixations, where your ego naturally rests. Through an understanding of the emotional, mental, and physical types and their array of motivations, you can learn to reverse your automatic behaviors, and be guided to convert your ego to its higher meaning within Source.

Are you willing to separate from old ways of being and embrace a larger sense of Self?

Could you be enticed to use a sacred system and step-by step time-honored process?

My vision is that you will be inspired to allow this book, these models, and this series, to be a guide on your path. Use them, invite your friends to use them, and together become part of a supportive team. You could create ongoing support groups with the topics, questions, and processes in the series. Please go to my website at www.soul-source.org and sign up for my blog and consider my classes. If we join together, we can help each other wake up from our daily reveries and unconscious conditioning.



As a Goddess Warrior magnetically creating on the Hero's Journey, I confront my refusals to answer the Call.

1.

REFUSING the CALL

God does not ask your ability or your
inability, but only your availability.

Mary Kay Ash

There are many ways in which you hold yourself back and refuse the Call to awaken. “Refusing the Call” happens anytime you are stuck in negativity. When you are feeling resistance, you create more of the same and perpetuate a form of personal hell.



A Zen story tells the difference between heaven and hell.

A big samurai warrior went to see a monk. “Monk,” he called out in a demanding voice, “teach me about heaven and